(Sung to the tune of “Brother John” or “Frère Jacques”)

I’m a flower, I’m a flower
Roots below, roots below
Soil and rain and sunshine
Soil and rain and sunshine
Watch me grow! Watch me grow!

I’m an egg, I’m an egg
On a little leaf, on a little leaf
Soon I’ll be a caterpillar
Soon I’ll be a caterpillar
Watch me eat! Watch me eat!

I’m a caterpillar, I’m a caterpillar
You’re one too, you’re one too
Soon we’ll both be butterflies
Soon we’ll both be butterflies
Something new! Something new!

I’m a chrysalis, I’m a chrysalis
Warm and dry, warm and dry
Changing from the inside
Changing from the inside
Into a butterfly! Into a butterfly!

I’m a butterfly, I’m a butterfly
Flying all around, flying all around
Looking for a flower
Looking for a flower
Searching up and down. Searching up and down.

I’m a flower, I’m a flower
Open to the sky, open to the sky
I have lots of nectar
I have lots of nectar
For all the butterflies. For all the butterflies.